Hate, Envy, Destructiveness
Sue Grand

In this course, we will look at destructive process in the patient, in the analyst, and within the analytic situation. We will make the assumption that varieties of destructiveness exist in every treatment, ranging from the implicit to the explicit, from the mild to the severe and intractable. Utilizing a predominantly relational perspective, but borrowing from interpersonal, object relational, and Freudian literature, we will look at these processes through a developmental lens. Readings will consider characterological and intrapsychic processes internal to the patient and/or analyst as well as the mutual construction of destructive experience between analyst and patient. We will consider, as well, the analyst’s own negative influence on the patient, whether it emanates from conflict, character, poor ‘matching’ or from theoretical and cultural embeddedness. We will inquire into the nature of an analytic culture which prohibits knowledge of (and repair of) the analyst’s ‘crimes and misdemeanors’. Finally, we will examine the analytic processes wherein consciousness, guilt, remorse, and empathy can awaken in the analytic dyad.

Readings will primarily involve articles which I will distribute. Where there are books which should be purchased, these will be noted with an asterik.

The course outline reflects both required and recommended readings. As our discussions proceed, students should feel free to mention literature that they would like to explore. There is a vast field of related literature which is not represented on the reading list, as well as a proliferation of new literature.

Prior to the course, the students will be asked to read a novel by Walter Mosley, Always Outnumbered, Always Outgunned. In this book, a formerly violent man attempts to make reparation by returning to the inner city which created his violence, and functioning therapeutically within that community. We are immersed in his subjectivity: we see his consciousness of his own violence, his capacity to hold and contain that violence, and the struggle to function with strength and compassion. The book parallels many of the themes of this course, and many of the dilemmas which are ongoing in the psychoanalysis of destruction and reparation.

Overview: Psychoanalysis and the Problem of Evil

WEEK ONE

Walter Mosley Always Outnumbered, Always Outgunned
Freud, S. (1920) Beyond the Pleasure Principle in S.E. I8 p7-64 *

WEEK TWO


recommended:

**WEEK THREE**

**Schizoid Phenomena and Autistic Malignance**

**WEEK FOUR**


Recommended:
O’Brien, T (1990) *The Things They Carried* (novel)

**WEEK FIVE**

recommended:


**Destructive forms of Narcissism**

WEEK SIX: One Body for Two


WEEK SEVEN: Hate and Envy

Segal, H. (1964) chs 3 and 4 in *An Introduction to the Work of Melanie Klein* N.Y. Basic Books


recommended:
Waugh, E. The Man who Loved Dickens in *The Collected Short Stories of Evelyn Waugh*


WEEK EIGHT: Shame and Vengeance
Gilligan, J. (1992) chs. 2,3,5 in *Violence,* Putnam and Sons: NY


Munro (Saki) -- fiction: Sredni Vashtar in *The Collected Short Stories of Saki*

Recommended:
Horney, K (1948) The Value of Vindictiveness *The American Journal of Psychoanalysis* 8, 3-12

Segal, H. (1964) ch 7 in *Introduction to Melanie Klein* Basic Books: NY


WEEK NINE: Sexualized Malignance


recommended:
Bach, S(1994) Sadomasochistic Object Relations in *The Language of Perversion and The Language of Love* Jason Aronson, NJ

**Cruelties in Search of an Object and in Flight from an Object**

**WEEK TEN**

**WEEK ELEVEN**

Recommended:

**The Analyst’s Destructive Impact on the Patient**

**WEEK TWELVE: The analyst’s personal conflicts**

Freud, S. (1905) The Case of Dora in S.E. Vol 7, p7-l22. (Readings will be extracted to reduce length)* OR: Do we want to read the symposium in PD on 'Crimes and Misdemeanors'? 2003 Vol 13,#4 (Slochower & Grand)

Recommended:

**WEEK THIRTEEN: cultural, political and theoretical bias**
Remorse, Guilt, Reparation, Mutuality

WEEK FOURTEEN: Hate in the Countertransference


Recommended:


WEEK FIFTEEN


recommended:
